



Lake Superior College ERTC Regional CPAT Exam Breakdown - 2019

Orientations:

All candidates will attend at least one mandatory orientation session commencing within eight weeks before the actual official CPAT test date, during which they will receive “hands on” familiarity with the actual CPAT apparatus. Candidates may voluntarily attend up to one additional orientation session.

First Orientation: August 2, 2019 10:00-11:00 AM

LSC ERTC 11501 Hwy 23 Duluth, MN 55808

Second Orientation: August 16th, 2019 10:00-11:00 AM

LSC ERTC 11501 Hwy 23 Duluth, MN 55808

Practice Sessions:

Within 30 days prior to the actual CPAT test date, all candidates will perform at least 2 timed practice runs using actual CPAT apparatus. During practices, the candidate can take as much time as necessary to complete the entire course.

First Practice: August 16th, 2019 1:00-5:00 PM

LSC ERTC 11501 Hwy 23 Duluth, MN 55808

Second Practice: September 13, 2019 1:00-5:00 PM

LSC ERTC 11501 Hwy 23 Duluth, MN 55808

Waiver: *Orientation/Practice sessions are mandatory **unless** you sign a waiver of CPAT Orientation and/or Conditioning Period and/or Timed Practice Runs. The waiver will be provided for signature the morning of the test. See waiver section below.*

Final Test: September 27, 2019 8:00 AM – 4:00 PM or until all candidates are done

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During the orientations and practice runs certified Peer Fitness Trainers, fitness professionals and/or CPAT trained fire fighters (proctors) will be present to help all candidates understand the test elements and how they can improve their physical performance and conditioning prior to taking the test.

Waiver:

A candidate may waive all the fore-mentioned program components and be eligible to participate in a CPAT test. Such a waiver shall only be acceptable if it is in writing and is made on a wholly knowing and voluntary basis. Waiver will be available at the CPAT Exam.

Scheduling of Candidates:

Candidates **must schedule themselves** for a timeslot based on an online scheduling link provided on the LSC Regional Fire Department Testing website. **CPAT Cost is \$175.00.**
<https://degrees.lsc.edu/regional-fire-department-testing-cpat/>

Final Test Day:

Candidates will arrive on the day scheduled and complete the proper paperwork, and forms, **candidates must have a valid photo ID.** Candidates will then be given the overview of the written and physical exam process.

Written Exam: 8:00- 10:1030 AM

Candidates taking the written exam will check in at 8:00 am in a testing room monitored by two exam proctors. Test will start promptly at 8:30 AM. No admittance to the testing room will be allowed after 8:25 **No exceptions.** Candidates will be given 2 hours to complete a 100-question written exam referenced from the Jones & Bartlett Fundamentals of Fire Fighter Skills, 3rd edition. Upon completion of the test or the end of the time limit, the candidates will hand-in the exam and answer sheet to the exam proctor. The exam proctors will not leave the testing room until all candidates have submitted their tests. The Exam proctors will then deliver the written exams directly to the test administrator. The test administrator will then lock the tests and answer sheets in a secure location to be scored later that day. Candidates will then go to the CPAT room.

Physical CPAT Exam:

Candidates will begin the CPAT exam process. Candidates will be assigned a spot on a roster which will indicate when it is their “turn” to complete the exam. When it is the candidates turn for the exam, he/she will be assigned a “Lead Proctor”, this proctor will escort the candidate throughout the entire event to ensure the candidate understands all the events during the exam. The CPAT exam is a pass/fail; candidates will know how they did upon completion of the exam. A successful CPAT Certification comes from fully completing the entire 8 station exam within the cut-off time of 10 minutes and 20 seconds.

CPAT Certifications will be distributed by U.S. mail to the candidates who successfully passed the CPAT exam. *Complete CPAT exam process information can be found in the WFI Candidate Physical Ability test 2nd Edition Manual.* Videos of the CPAT can be viewed online:

<http://www.youtube.com/watch?v=oS-YyWTWZH0>

